

TASTE 4 FUTURE



COMMUNITY-GUIDE

|

CREATIVE

SUSTAINABLE

YUMMY

RECONNECT
TO WHAT
MATTERS TO YOU
RE-GNOSIS

WHY TASTE 4 FUTURE?

- Many people associate sustainability with renunciation, another "should" or something out of their hands. We want to think sustainability in a new way and switch the focus to joy, inspiration and community
- Many people care about the environment but don't know what to do or where to start; we want to bring theory & practice together and learn more about what the obstacles are
- There is not THE solution for everyone, but everyone brings their context, skills, personality to the table
- Everyone is important and their uniqueness is needed

Who do I invite?

- People in your neighborhood / circle of friends / family (see materials for invitation)

PROCEDURE & STRUCTURE

1. **Get to know each other:** everyone picks one thing from the discovery stations and tells why it was chosen
2. **Prep party** - prepare edible meals together: Creative stations for cooking, with rescued and brought food, from garden
3. **Sensory tour:** (blind) tasting, ingredients of each food item.
4. **Taste 4 Future - Community Meal**
5. **Discovery stations** with products & things brought, newspaper articles, projects
6. **Collecting ideas on the topic of Taste 4 Future in Your community:** Posters: 1. problems; 2. what is already working 3. Inspiring vision
7. **Personal Context & Collective Power:** fill in Venn Diagram together (what can I do, what do I like to do, what is sustainable) - see materials.
8. **Sustainability to Go:** Prepare template for everyone with the following questions for them to take away at the end of the event - see materials.

Materials & Templates

TASTE 4 FUTURE



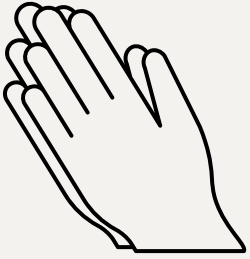
What did I take away?

What specifically do I want to try out / change?

Who can support me?

TASTE 4 FUTURE

Hopes



What works already.



what doesn't work



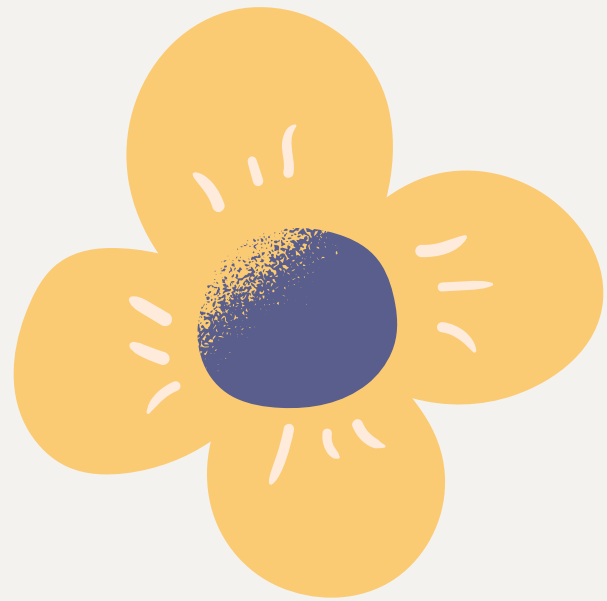
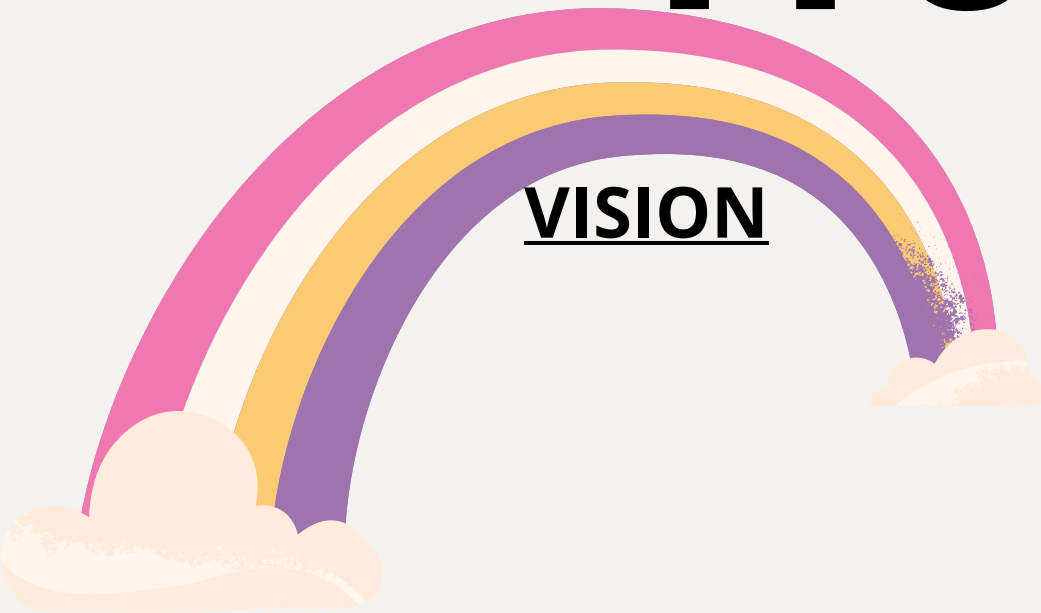
RECONNECT
TO WHAT
MATTERS TO YOU
RE-GNOSIS

TASTE 4 FUTURE

VENN DIAGRAM



TASTE 4 FUTURE



RECONNECT
TO WHAT
MATTERS TO YOU
RE-GNOSIS